



KAYA
YOGA REMEDY

200-Hour Yoga Teacher Training Application

Kaya Yoga Remedy is excited to host 200-Hour Yoga Teacher Training Program for the future teachers and serious yoga students of Southern California. Students gain the experience, knowledge, and ability to teach a well-rounded class while also expanding within their own personal practices. As experienced yoga teachers and trainers, Ashley and Gilbert Naungayan will guide you through a comprehensive break down of basic postures, pose anatomy, class structure, and philosophies.

Contact Information

Name: _____ Date: _____

Address: _____ State: ___ Zip: _____

Phone: _____ Email: _____

Emergency Contact

Name: _____ Phone: _____ Relationship: _____

Yoga Experience and Training Interest

1. How long have you been practicing yoga and/or meditation?
2. Do you have experience with teaching yoga or other forms of teaching?
Explain.

3. Where are you practicing, with whom, how often (hours per week), and what style?

4. Do you currently have any injuries or physical limitations or medical conditions (diabetes, epilepsy, pregnancy)? Please describe.

5. What are your goals and intentions for this teacher training?

6. Why have you chosen to receive your training with Kaya Yoga Remedy?

7. Is there anything else that you think we should know?

Tuition

\$2800 total. There is a \$500 deposit to register and reserve your spot.

Payment plans are available! Payments are due the first day of each module. Please contact on individual basis for a modified payment plan.

Agreement

I understand if I fulfill all the requirements of the Kaya Yoga Remedy Teacher Training Program, including meeting hours, internship, homework, final exams, and payment, I will receive a certificate of completion, which can be submitted to the Yoga Alliance or a prospective employer as evidence that I have completed a 200-hour Teacher Training program.

I understand that Kaya Yoga Remedy reserves the right to ask me to leave the program if my behavior is inappropriate, unethical or violates the Yoga Alliance or Kaya Yoga Remedy ethical guidelines. Under any circumstances I understand I will not be refunded my tuition. I understand that if I cancel prior to the start of the training, upon receipt of written and signed withdrawal letter, I will forfeit my \$500 deposit but my remaining balance will be refunded according to the percentage of meeting hours attempted. I understand that all Kaya Yoga Remedy Teacher Training materials are under copyright protection and cannot be reproduced by me without permission of the author. Failure to comply may result in legal action.

I have read and accept the above terms and requirements

Name: _____ **Date:** _____

Signature: _____ **Email:** _____

We will send you a welcome email regarding the first meeting and course materials. You will receive your binder and other materials on the first day of Module 1. We suggest you purchase the required reading materials prior to our first meeting. Your first assignment is to read the first 60 pages of Light on Yoga before first day of Module 1.

Contact us if you have any questions or concerns regarding the application process or the training. We look forward to guiding you on this journey!

Namasté! ॐ